The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.
This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at 1-844-800-4693 or visit us at https://www.senderohealth.com/2023-plans-and-benefits. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-844-800-4693 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$0 at an Indian Health Care provider (IHCP) or with IHCP referral at non-IHCP, or $4,250 Individual / $8,500 Family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No	You don't have to meet deductible for specific services.
What is the out-of-pocket limit for this plan?	$8,050/Individual or $16,100/Family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limit until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See https://www.senderohealth.com/dbsearch/menu_new/ or call 1-844-800-4693 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No Charge Deductible does not apply.	$20 copay/office visit Deductible does not apply.	Not Covered	Covered expense during a Healthcare Practitioner's office visit does not include charges incurred for advanced imaging, pulmonary function studies, cardiac catheterization, electrocardiogram (EKG), electroencephalogram (EEG), laboratory test and / or diagnostic testing. Cost sharing waived at non-IHCP with IHCP referral. Copayment applies after deductible has been met unless otherwise indicated.
	Specialist visit	No Charge Deductible does not apply.	$60 copay/visit	Not Covered	A referral must be obtained from your primary care physician before you see a specialist. (OBGYN and Behavioral/Substance abuse providers do not require a referral). Cost sharing waived at non-IHCP with IHCP referral. Copayment applies after deductible has been met unless otherwise indicated.
	Preventive care/screening/ immunization	No Charge Deductible does not apply.	No charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge Deductible does not apply.	$30 copay/ x-ray and diagnostic imaging 25% coinsurance/ laboratory outpatient and professional services	Not Covered	Certain services may require preauthorization. If preauthorization is not obtained you may be responsible for payment. Copayment applies after deductible has been met unless otherwise indicated. Diagnostic tests are tests to figure out what your health problem is. Not all blood work falls under diagnostic test. Confirm if the services are for diagnostic testing with your provider. Cost sharing waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No Charge Deductible	25% coinsurance	Not Covered	Certain services may require preauthorization. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
		does not apply.			
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at https://senderohealth.com/files/2023/Formulary.pdf	Generic drugs (Tier 1)	No Charge Deductible does not apply.	$10 copay/prescription Deductible does not apply.	Not Covered	Covers up to a 30-day supply. Certain preventive drugs are covered with no copay. Oral and injectable fertility drugs are excluded. Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral. Certain prescription drugs may require preauthorization. If preauthorization is not obtained you may be responsible for payment.
	Preferred brand drugs (Tier 2)	No Charge Deductible does not apply.	$40 copay/prescription	Not Covered	
	Non-preferred brand drugs (Tier 3)	No Charge Deductible does not apply.	$80 copay/prescription	Not Covered	
	Specialty drugs (Tier 4)	No Charge Deductible does not apply.	30% coinsurance/ prescription	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge Deductible does not apply.	25% coinsurance	Not Covered	Certain services may require preauthorization. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
	Physician/surgeon fees	No Charge Deductible does not apply.	25% coinsurance	Not Covered	
If you need immediate medical attention	Emergency room care	No Charge Deductible does not apply.	$350 copay/visit	$350 copay/visit	Emergency room services copay is waived if admitted and inpatient benefits are applied. Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
					referral.
	Emergency medical transportation	No Charge Deductible does not apply.	$350 copay/transport	$350 copay/transport	Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral.
	Urgent care	No Charge Deductible does not apply.	$60 copay/visit Deductible does not apply.	Not Covered	Cost sharing waived at non-IHCP with IHCP referral. Copayment applies after deductible has been met unless otherwise indicated.
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge Deductible does not apply.	$500 copay/stay	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral.
	Physician/surgeon fees	No Charge Deductible does not apply.	30% coinsurance/stay	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge Deductible does not apply.	25% coinsurance/visit	Not Covered	Preauthorization is required for some outpatient mental health, behavioral health and / or substance abuse services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
	Inpatient services	No Charge Deductible does not apply.	$500 copay/stay	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral.
If you are pregnant	Office visits	No Charge Deductible	$10 copay/office visit	Not Covered	Cost sharing does not apply to certain preventive services. No charge for subsequent prenatal visits

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
		does not apply.	Deductible does not apply.		with the same provider or provider group per pregnancy. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral.
	Childbirth/delivery professional services	No Charge Deductible does not apply.	30% coinsurance/stay	Not Covered	
	Childbirth/delivery facility services	No Charge Deductible does not apply.	$500 copay/delivery	Not Covered	
If you need help recovering or have other special health needs	Home health care	No Charge Deductible does not apply.	No Charge /visit Deductible does not apply.	Not Covered	Limited to 60 visits per year. Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
	Rehabilitation services	No Charge Deductible does not apply.	$65 copay/visit	Not Covered	Certain services may require preauthorization. If preauthorization is not obtained you may be responsible for payment. Copayment applies after deductible has been met, unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral.
	Habilitation services	No Charge Deductible does not apply.	25% coinsurance	Not Covered	Habilitation services include: Autism services and the benchmark plan does not impose age or maximums on autism coverage. Certain services may require preauthorization. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
	Skilled nursing care	No Charge Deductible does not apply.	$300 copay/stay	Not Covered	Limited to 25 visits per year. Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Copayment applies after deductible has been met,

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
					unless otherwise indicated. Cost sharing waived at non-IHCP with IHCP referral.
	Durable medical equipment	No Charge Deductible does not apply.	20% coinsurance/ equipment	Not Covered	Certain services may require preauthorization. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
	Hospice services	No Charge Deductible does not apply.	20% coinsurance	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
If your child needs dental or eye care	Children's eye exam	No Charge Deductible does not apply.	$45 copay/visit Deductible does not apply.	Not Covered	Limited to one (1) visit per year. Cost sharing waived at non-IHCP with IHCP referral. Copayment applies after deductible has been met unless otherwise indicated.
	Children's glasses	No Charge Deductible does not apply.	20% coinsurance	Not Covered	Limited to contact lenses or one (1) pair of glasses (frames and lenses) per year for members 0-21 years of age. Limited to the end of the plan year in which age 21 is reached. Cost sharing waived at non-IHCP with IHCP referral.
	Children's dental check-up	No Charge Deductible does not apply.	20% coinsurance	Not Covered	Limited to the last day of the month in which member turns 19. Cost sharing waived at non-IHCP with IHCP referral.

Excluded Services & Other Covered Services:

Services Your plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions (except in cases of rape, incest, or when the life of the mother is endangered)
- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (adult)
- Long-term care
- Non-emergency care when traveling outside of the U.S.
- Routine eye care (adult)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Chiropractic care, limited to 35 visits per year • Hearing aids, limited to 1 per ear, every 3 years	• Infertility treatment is limited to diagnostic services only. Treatment to correct the infertility condition and services such as in vitro fertilization and artificial insemination are excluded from coverage. • Private duty nursing if medically necessary	• Routine foot care is limited to foot care in connection with diabetes, circulatory disorders of the lower extremities, peripheral vascular disease, peripheral neuropathy, or chronic arterial or venous insufficiency.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- Sendero Health Plans 1-844-800-4693 or visit www.senderohealth.com
- Texas Department of Insurance: 1-800-578-4677 or visit http://www.tdi.texas.gov/index.html
- Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa
- Healthcare.gov www.HealthCare.gov or call 1-800-318-2596

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

Texas Department of Insurance
333 Guadalupe
Austin, TX 78701
(800) 578-4677
http://www.tdi.texas.gov/index.html

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? N/A

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-800-4693
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-800-4693.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-844-800-4693.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-800-4693.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$4,250
Specialist copayment	$60
Hospital (facility) copayment	$500
Other copayment	$500

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$4,250
Copayments	$500
Coinsurance	$400
What isn't covered	
Limits or exclusions	$0
The total Peg would pay is	**$5,150**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$4,250
Specialist copayment	$60
Hospital (facility) copayment	$500
Other copayment	$30

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$3,500
Copayments	$300
Coinsurance	$0
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$3,800**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$4,250
Specialist copayment	$60
Hospital (facility) copayment	$500
Other copayment	$350

This EXAMPLE event includes services like:
Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$2,400
Copayments	$10
Coinsurance	$0
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$2,410**

Note: These numbers assume the patient received care from an IHCP provider or with IHCP referral at a non-IHCP. If you receive care from a non-IHCP provider without a referral from an IHCP your costs may be higher.

The plan would be responsible for the other costs of these EXAMPLE covered services.

NONDISCRIMINATION AND ACCESSIBILITY

Sendero Health Plans, Inc. (Sendero) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Sendero does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.
Sendero provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
- Qualified interpreters
- Information written in other languages

If you need these services, contact Sendero.

If you believe that Sendero has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Sendero Health Plans, Attn: Member Advocate, 2028 E. Ben White Blvd. Ste. 400, Austin, TX 78741, Telephone: 1-844-800-4693, TTY: 711, Fax: 512-901-9724, Complaints@senderohealth.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Sendero Customer Service is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at ‘

https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:
U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.