

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at 1-844-800-4693 or visit us at www.SenderoHealth.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.https://www.healthcare.gov/sbc-glossary or call 1-844-800-4693 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at an Indian Health Care <u>provider</u> (IHCP) or with IHCP <u>referral</u> at non- IHCP, or \$8,550/Individual or \$17,100/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$0 at an Indian Health Care <u>provider</u> (IHCP) or with IHCP <u>referral</u> at non- IHCP, or \$9,200/Individual or \$18,400/Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>https://senderohealth.com/physician</u> <u>search</u> or call 1-844-800-4693 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance</u> <u>billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	<u>Non-IHCP In-</u> <u>Network Provider</u> (You will pay more)	Non-IHCP Out- of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care	Primary care visit to treat an injury or illness	No Charge	\$25 <u>copay</u> /office visit <u>Deductible</u> does not apply.	Not Covered	Covered expense during a Healthcare Practitioner's office visit does not include charges incurred for advanced imaging, pulmonary function studies, cardiac catheterization, electrocardiogram (EKG), electroencephalogram (EEG), laboratory test and / or diagnostic testing. Cost sharing waived at non-IHCP with IHCP referral. Copayment applies after deductible has been met unless otherwise indicated. This category also applies to mental health and substance abuse office visits.
provider's office or clinic	<u>Specialist</u> visit	No Charge	\$75 <u>copay</u> /visit <u>Deductible</u> does not apply.	Not Covered	A <u>referral</u> must be obtained from your <u>primary care</u> <u>physician</u> before you see a <u>specialist</u> . (OBGYN and Behavioral/Substance abuse <u>providers</u> do not require a <u>referral</u>). <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> . <u>Copayment</u> applies after <u>deductible</u> has been met unless otherwise indicated. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	<u>Preventive</u> <u>care/screening</u> / immunization	No Charge	No charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay. <u>Cost</u> <u>sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If you have a test	Diagnostic test (x-ray, blood	No Charge	No charge/ test after <u>deductible</u>	Not Covered	Certain services may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be

For more information about limitations and exceptions, see the plan or policy documents at https://www.senderohealth.com/2025-plans-and-benefits.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	<u>Non-IHCP In-</u> <u>Network Provider</u> (You will pay more)	Non-IHCP Out- of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	work)				responsible for payment. <u>Diagnostic tests</u> are tests to figure out what your health problem is. Not all blood work falls under <u>diagnostic test</u> . Confirm if the services are for <u>diagnostic testing</u> with your <u>provider</u> . <u>Cost</u> <u>sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Imaging (CT/PET scans, MRIs)	No Charge	No charge/ test after <u>deductible</u>	Not Covered	Certain services may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If you need drugs to treat your illness or condition More information about prescription drug	Generic drugs (Tier 2)	No Charge	\$22 <u>copay</u> / prescription <u>Deductible</u> does not apply	Not Covered	Covers up to a 30-day supply. Certain preventive drugs
	Preferred brand drugs (Tier 3)	No Charge	No charge/ prescription after deductible	Not Covered	are covered with no <u>copay</u> . Oral and injectable fertility drugs are excluded. <u>Copayment</u> applies after <u>deductible</u> has been met, unless otherwise indicated. <u>Cost sharing</u> waived at non-IHCP with IHCP referral.
coverage is available at www.SenderoHealth.com /files/2025/Formulary.co	Non-preferred brand drugs (Tier 4)	No Charge	No charge/ prescription after deductible	Not Covered	Certain <u>prescription drugs</u> may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be responsible for payment.
m	<u>Specialty drugs</u> (Tier 5)	No Charge	No charge/ prescription after deductible	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	No charge/ visit after <u>deductible</u>	Not Covered	Certain services may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-
	Physician/surg eon fees	No charge	No charge/ visit after <u>deductible</u>	Not Covered	IHCP with IHCP referral.
If you need immediate medical attention	Emergency room care	No charge	No charge/ visit after <u>deductible</u>	No charge/ visit after <u>deductible</u>	Emergency room services copay is waived if admitted and inpatient benefits are applied. Cost sharing waived

For more information about limitations and exceptions, see the <u>plan</u> or policy documents at <u>https://www.senderohealth.com/2025-plans-and-benefits</u>.

			What You Will Pay	,	
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	<u>Non-IHCP In-</u> <u>Network Provider</u> (You will pay more)	Non-IHCP Out- of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
					at non-IHCP with IHCP referral.
	Emergency medical transportation	No charge	No charge/ transport after <u>deductible</u>	No charge/ transport after <u>deductible</u>	Cost sharing waived at non-IHCP with IHCP referral.
	<u>Urgent care</u>	No charge	No charge/ visit after <u>deductible</u>	Not Covered	Cost sharing waived at non-IHCP with IHCP referral.
lf you have a hospital	Facility fee (e.g., hospital room)	No Charge	No charge/ stay after <u>deductible</u>	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
stay	Physician/surg eon fees	No Charge	No charge/ stay after <u>deductible</u>	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
If you need mental health, behavioral	Outpatient services	No Charge	No charge/ visit after <u>deductible</u>	Not Covered	Preauthorization is required for some outpatient mental health, behavioral health and / or substance abuse services. If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
health, or substance abuse services	Inpatient services	No Charge	No charge/ stay after <u>deductible</u>	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. Cost sharing waived at non-IHCP with IHCP referral.
	Office visits	No Charge	No charge/ visit after <u>deductible</u>	Not Covered	<u>Cost sharing</u> does not apply to certain <u>preventive</u> <u>services</u> . No charge for subsequent prenatal visits with the same <u>provider</u> or <u>provider</u> group per pregnancy.
lf you are pregnant	Childbirth/ delivery professional services	No Charge	No charge/ stay after <u>deductible</u>	Not Covered	Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). <u>Cost</u> <u>sharing</u> waived at non-IHCP with IHCP <u>referral</u> .

For more information about limitations and exceptions, see the plan or policy documents at https://www.senderohealth.com/2025-plans-and-benefits.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	<u>Non-IHCP In-</u> <u>Network Provider</u> (You will pay more)	Non-IHCP Out- of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/ delivery facility services	No Charge	No charge/ delivery after <u>deductible</u>	Not Covered	
	<u>Home health</u> <u>care</u>	No Charge	No charge/visit <u>Deductible</u> does not apply.	Not Covered	Limited to 60 visits per year. <u>Preauthorization</u> is required for services. If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non- IHCP with IHCP <u>referral.</u>
	<u>Rehabilitation</u> services	No Charge	No charge/ visit after <u>deductible</u>	Not Covered	Certain services may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If you need help recovering or have other special health	<u>Habilitation</u> <u>services</u>	No Charge	No charge/ visit after <u>deductible</u>	Not Covered	Habilitation services include: Autism services and the benchmark <u>plan</u> does not impose age or maximums on autism coverage. Certain services may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral.</u>
needs	Skilled nursing care	No Charge	No charge/ stay after <u>deductible</u>	Not Covered	Limited to 25 visits per year. <u>Preauthorization</u> is required for services. If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral.</u>
	Durable medical equipment	No Charge	No charge/ equipment after <u>deductible</u>	Not Covered	Certain services may require <u>preauthorization</u> . If <u>preauthorization</u> is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral.</u>
	Hospice services	No Charge	No charge/ visit after <u>deductible</u>	Not Covered	Preauthorization is required for services. If preauthorization is not obtained you may be responsible for payment. <u>Cost sharing</u> waived at non- IHCP with IHCP <u>referral.</u>

For more information about limitations and exceptions, see the plan or policy documents at <u>https://www.senderohealth.com/2025-plans-and-benefits</u>.

Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	<u>vider</u> You the more)		Limitations, Exceptions, & Other Important Information
	Children's eye exam	No Charge	No charge/ visit after <u>deductible</u>	Not Covered	Limited to one (1) visit per year. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> . <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If your child needs dental or eye care	Children's glasses	No Charge	No charge after <u>deductible</u>	Not Covered	Limited to contact lenses or one (1) pair of glasses (frames and lenses) per year for members 0-21 years of age. Limited to the end of the <u>plan</u> year in which age 21 is reached. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral.</u>
	Children's dental check- up	No Charge	No charge after deductible	Not Covered	Limited to the last day of the month in which member turns 19. Cost sharing waived at non-IHCP with IHCP referral.

Excluded Services & Other Covered Services:

 Abortions (except in cases of rape, incest, or when the life of the mother is endangered) Acupuncture Bariatric surgery 	Cosmetic surgeryDental care (Adult)Long-term care	 Non-emergency care when traveling outside o the U.S. Routine eye care (Adult) Weight loss programs

٠	Chiropractic care, limited to 35 visits per	٠	Infertility treatment is limited to diagnostic	٠	Routine foot care is limited to foot care in
	year		services only. Treatment to correct the		connection with diabetes, circulatory disorders
•	Hearing aids, limited to 1 per ear, every 3		infertility condition and services such as in		of the lower extremities, peripheral vascular
	years		vitro fertilization and artificial insemination		disease, peripheral neuropathy, or chronic
			are excluded from coverage.		arterial or venous insufficiency.
		٠	Private-duty nursing if medically necessary		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

For more information about limitations and exceptions, see the plan or policy documents at https://www.senderohealth.com/2025-plans-and-benefits.

- Sendero Health Plans 1-844-800-4693 or visit <u>www.senderohealth.com</u>
- Texas Department of Insurance: 1-800-578-4677 or visit <u>http://www.tdi.texas.gov/index.html</u>
- Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa
- Healthcare.gov <u>www.HealthCare.gov</u> or call 1-800-318-2596

Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

• Texas Department of Insurance, 1601 Congress Avenue, Austin, TX 78701, (800) 578-4677, http://www.tdi.texas.gov/index.html

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-800-4693.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-800-4693.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-844-800-4693.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-800-4693

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

\$0

\$0

\$0

\$0 **\$0**

Peg is Having a Baby
(9 months of in-network pre-natal care and a
hospital delivery)

\$0

\$0

\$0

\$0

	The	pla	n's	overall	<u>deductible</u>
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- <u>Specialist copayment</u>
 Hospital (facility) copayment
- Other copayment

This EXAMPLE event includes services like:

<u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700				
In this example, Peg would pay:					
Cost Sharing					
Deductibles	\$0				
Copayments	\$0				
Coinsurance	\$0				
What isn't covered					
Limits or exclusions	\$0				
The total Peg would pay is	\$0				

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The <u>plan's</u> overall <u>deductible</u>	
Specialist copayment	
Hospital (facility) <u>copayment</u>	
Other <u>copayment</u>	

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

\$5,600
\$0
\$0
\$0

 What isn't covered

 Limits or exclusions

 The total Joe would pay is

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$0
Specialist copayment	\$0
Hospital (facility) copayment	\$0
Other <u>copayment</u>	\$0

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.