IdealCare Complete

Medical-Surgical and Behavioral Health/Substance Abuse Disorder Schedule of Coverage

The following information summarizes the benefits described in your Evidence of Coverage. It is important that you carefully read it so you are aware of plan requirements, provisions and limitations and exclusions.

Note: This Consumer Choice Health Benefit Plan does not include all state mandated health insurance benefits. Some benefits are provided at a reduced level from what is mandated. Reduced benefits are indicated in the chart below and in the separate Benefit Disclosure Form.

This Schedule of Coverage is not a Medicare Supplement. If you are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from the company.

Overall Payment Provisions	In-Network Benefits	Out-of-Network Benefits	Indian Health Care Provider (IHCP) (You will pay the least)
Calendar Year Deductibles (applies to all Eligible Expenses including Pharmacy)	$[0 –4,250] Individual/$[0 – 8,500] Family (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)		$0 Individual/$0 Family
Out-of-Pocket Limits (applies to all Eligible Expenses including Pharmacy	$[0 – 7,500] Individual/$[0 - 15,000] Family (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)		$0 Individual/$0 Family
Maximum Lifetime Benefits – per participant	Unlimited (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)		
Physician office visit/consultation to treat an injury or illness	100% of Allowed Amount after a $[0-20] Copayment per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Preventive Care/Screening/Immunization	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Specialist office visit/consultation	100% of Allowed Amount after a $[0-60] Copayment per Visit after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Other practitioner office visits	100% of Allowed Amount after a $[0-20] Copayment per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Urgent Care Center visit	100% of Allowed Amount after a $[0-60] Copayment per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Outpatient Hospital emergency room/treatment room visit	100% of Allowed Amount after a $[0-350] Copayment per Visit after Calendar Year Deductible	100% of Allowed Amount after a $[0-350] Copayment per Visit after Calendar Year Deductible	100% of Allowed Amount

Emergency Medical Transportation	100% of Allowed Amount after a $[0-350] Copayment per Transport after Calendar Year Deductible	100% of Allowed Amount after a $[0-350] Copayment per Transport after Calendar Year Deductible	100% of Allowed Amount
Inpatient Hospital Expenses – All usual Hospital services and supplies, including semiprivate room, intensive care, and coronary care units.	100% of Allowed Amount after a $[0-500] Copayment per Stay after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Inpatient Visits (Physician/surgeon)	[0 to 30]% of Allowable Amount after Calendar Year Deductible per Stay	No coverage for Out-of-Network Services	100% of Allowed Amount
Diagnostic testing (X-ray , blood work)	100% of Allowed Amount after a $[0-30] Copayment per Visit after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
The administration of whole blood including cost of blood, blood plasma, and blood plasma expanders are covered services	[0 to 25]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Imaging (CT/PET scans, MRIs)	[0 to 25]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Laboratory Outpatient and Professional Services	[0 to 25]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Home Infusion Therapy	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Outpatient Surgery Facility fee (ambulatory surgery center)	[0 to 25]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Physician surgical services performed in an outpatient setting	[0 to 25]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Skilled Nursing Facility Limited to 25 visits per year.	100% of Allowed Amount after a $[0-300] Copayment per Stay after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount

Home Health Care Limited to 60 visits per year.	[0 to 20]% of Allowable Amount after Calendar Year Deductible per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Hospice	[0 to 20]% of Allowable Amount after Calendar Year Deductible per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Mental Health Care Inpatient Hospital Services*	100% of Allowed Amount after a $[0-500] Copayment per Stay after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Mental Health Care Outpatient Hospital Services*	[0 to 25]% of Allowable Amount after Calendar Year Deductible per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Substance Use Disorder Inpatient Hospital Services*	100% of Allowed Amount after a $[0-500] Copayment per Stay after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Substance Use Disorder Outpatient Hospital Services*	[0 to 25]% of Allowable Amount after Calendar Year Deductible per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual Vision Exam – Children and Adults (1 per year)	100% of Allowed Amount after a $[0-45] Copayment per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual Prescription Eyewear – Children (1 set of frames with lenses or contact lenses per year)	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Prenatal and Postnatal Care	100% of Allowed Amount after a $[0-10] Copayment for the initial Prenatal Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Delivery and all inpatient services	100% of Allowed Amount after a $[0-500] Copayment per delivery after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual Well Woman Exam – including cervical cancer and ovarian cancer screening (age 18 and over)	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual screening by low-dose mammography for the presence of occult breast cancer for	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount

female participants age 35 and over – Outpatient facility or imaging center and Physician component			
Bone Mass measurement for the detection of low bone mass to determine risk of osteoporosis and fractures associated with osteoporosis for qualified individuals	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Routine annual prostate cancer detection exam, including a Prostate Specific Antigen test (PSA) for a male Covered Person age 40 or older.	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Rehabilitation	100% of Allowed Amount after a $[0- 65] Copayment per visit after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Durable Medical Equipment	[0 to 20]% of Allowable Amount after Calendar Year Deductible per Equipment	No coverage for Out-of-Network Services	100% of Allowed Amount
Hearing Aids for Adults (1 per ear every 3 years)	[0 to 20]% of Allowable Amount after Calendar Year Deductible per Hearing Aid	No coverage for Out-of-Network Services	100% of Allowed Amount
Hearing Aid or Cochlear Implant, related services and supplies for a covered individual, if medically necessary.	[0 to 20]% of Allowable Amount after Calendar Year Deductible per Hearing Aid or Cochlear Implant	No coverage for Out-of-Network Services	100% of Allowed Amount
Amino Acid-Based Formula	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Phenylketonuria (PKU) management products	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Children's dental check-up	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount

Basic Dental-Children	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Major Dental Care- Children	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount
Orthodontia-Children	[0 to 20]% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services	100% of Allowed Amount

*IdealCare by Sendero Health Plans (IdealCare) will provide benefits and coverage for mental health conditions and substance use disorders under the same terms and conditions applicable to the plan's medical and surgical benefits and coverage. IdealCare may not impose quantitative or non-quantitative treatment limitations on benefits for a mental health condition or substance use disorder that are generally more restrictive than quantitative or non-quantitative treatment limitations imposed on coverage of benefits for medical or surgical expenses.