

**IdealCare Essential**

**Medical-Surgical and Behavioral Health/Substance Abuse Disorder Schedule of Coverage**

The following information summarizes the benefits described in your Evidence of Coverage. It is important that you carefully read it so you are aware of plan requirements, provisions and limitations and exclusions.

Note: This Consumer Choice Health Benefit Plan does not include all state mandated health insurance benefits. Some benefits are provided at a reduced level from what is mandated. Reduced benefits are indicated in the chart below and in the separate Benefit Disclosure Form.

This Schedule of Coverage is not a Medicare Supplement. If you are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from the company.

<b>Overall Payment Provisions</b>	<b>In-Network Benefits</b>	<b>Out-of-Network Benefits</b>
Calendar Year Deductibles (applies to all Eligible Expenses including Pharmacy)	\$[0 - 7,900] Individual/\$[0 - 15,800] Family (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)	
Out-of-Pocket Limits (applies to all Eligible Expenses including Pharmacy)	\$[0 - 7,900] Individual/\$[0 - 15,800] Family (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)	
Maximum Lifetime Benefits – per participant	<b>Unlimited</b> (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)	
Physician office visit/consultation to treat an injury or illness	100% of Allowed Amount after a \$[0-25] Copayment per Visit.	No coverage for Out-of-Network Services
Preventive Care/Screening/Immunization	100% of Allowed Amount	No coverage for Out-of-Network Services
Specialist office visit/consultation	100% of Allowed Amount after a \$[0-75] Copayment per Visit.	No coverage for Out-of-Network Services
Other practitioner office visits	100% of Allowed Amount after a \$[0-25] Copayment per Visit	No coverage for Out-of-Network Services
Urgent Care Center visit	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Outpatient Hospital emergency room/treatment room visit	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost</i>	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>

	<i>Sharing Plan No Charge</i>	
Emergency Medical Transportation	100% of Allowable Amount after Calendar Year Deductible per Transport *Zero Cost <i>Sharing Plan No Charge</i>	100% of Allowable Amount after Calendar Year Deductible per Transport *Zero Cost <i>Sharing Plan No Charge</i>
Inpatient Hospital Expenses – All usual Hospital services and supplies, including semiprivate room, intensive care, and coronary care units.	100% of Allowable Amount after Calendar Year Deductible per Stay *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Inpatient Visits (Physician/surgeon)	100% of Allowable Amount after Calendar Year Deductible per Stay *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Diagnostic testing (X-ray, blood work)	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
The administration of whole blood including cost of blood, blood plasma, and blood plasma expanders are covered services	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Imaging (CT/PET scans, MRIs)	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Laboratory Outpatient and Professional Services	100% of Allowable Amount after Year Deductible per Visit *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Home Infusion Therapy	100% of Allowable Amount after Calendar Year Deductible *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services

Outpatient Surgery Facility fee (ambulatory surgery center)	100% of Allowable Amount after Calendar Year Deductible *Zero <i>Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Physician surgical services performed in an outpatient setting	100% of Allowable Amount after Calendar Year Deductible *Zero <i>Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Skilled Nursing Facility Limited to 25 visits per year	100% of Allowable Amount after Calendar Year Deductible per Stay*Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Home Health Care Limited to 60 visits per year.	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Hospice	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Mental Health Care Inpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Stay*Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Mental Health Care Outpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Stay*Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Substance Use Disorder Inpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Stay*Zero Cost <i>Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Substance Use Disorder Outpatient Hospital Services*	100% of Allowable Amount after Calendar	No coverage for Out-of-Network Services

	Year Deductible per Stay* <i>Zero Cost Sharing Plan No Charge</i>	
Annual Vision Exam – Children and Adults (1 per year)	100% of Allowable Amount after Calendar Year Deductible per Visit * <i>Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Annual Prescription Eyewear – Children (1 set of frames with lenses or contact lenses per year)	100% of Allowable Amount after Calendar Year Deductible * <i>Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Prenatal and Postnatal Care	100% of Allowable Amount after Calendar Year Deductible for the initial prenatal Visit * <i>Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Delivery and all inpatient services	100% of Allowable Amount after Calendar Year Deductible per Delivery * <i>Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services
Annual Well Woman Exam – including cervical cancer and ovarian cancer screening (age 18 and over)	100% of Allowed Amount	No coverage for Out-of-Network Services
Annual screening by low-dose mammography for the presence of occult breast cancer for female participants age 35 and over – Outpatient facility or imaging center and Physician component	100% of Allowed Amount	No coverage for Out-of-Network Services
Bone Mass measurement for the detection of low bone mass to determine risk of osteoporosis and fractures associated with osteoporosis for qualified individuals	100% of Allowed Amount	No coverage for Out-of-Network Services
Routine annual prostate cancer detection exam, including a Prostate Specific Antigen test (PSA) for a male Covered Person age 40 or older.	100% of Allowed Amount	No coverage for Out-of-Network Services

Rehabilitation	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Durable Medical Equipment	100% of Allowable Amount after Calendar Year Deductible per Equipment *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Hearing Aids for Adults (1 per ear every 3 years)	100% of Allowable Amount after Calendar Year Deductible per Hearing Aid *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Hearing Aid or Cochlear Implant, related services and supplies for a covered individual, if medically necessary.	100% of Allowable Amount after Calendar Year Deductible per Hearing Aid or Cochlear Implant *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Amino Acid-Based Formula	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Phenylketonuria (PKU) management products	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Children's dental check-up	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Basic Dental-Children	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services
Major Dental Care- Children	100% of Allowable Amount after Calendar Year Deductible *Zero	No coverage for Out-of-Network Services

	<i>Cost Sharing Plan No Charge</i>	
Orthodontia-Children	100% of Allowable Amount after Calendar Year Deductible *Zero <i>Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services

\*IdealCare by Sendero Health Plans (IdealCare) will provide benefits and coverage for mental health conditions and substance use disorders under the same terms and conditions applicable to the plan's medical and surgical benefits and coverage. IdealCare may not impose quantitative or non-quantitative treatment limitations on benefits for a mental health condition or substance use disorder that are generally more restrictive than quantitative or non-quantitative treatment limitations imposed on coverage of benefits for medical or surgical expenses.