

The Affordable Care Act (ACA) requires that eligible people get certain preventive services at no cost. The ACA requires that grade A and B recommendations for preventive services from the United States Preventive Services Task Force (USPSTF), immunization recommendations from the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and contraceptive recommendations from the Health Resources and Services Administration (HRSA) are all covered at no cost. The following categories and related drugs are recommendations from these organizations.

Breast Cancer Prevention

| Population | Recommendation | Medications Covered |
|--|--|---|
| Women at increased risk for breast cancer aged 35 years or older | The USPSTF recommends that clinicians offer to prescribe risk-reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors, to women who are at increased risk for breast cancer and at low risk for adverse medication effects. | anastrozole tablets exemestane tablets tamoxifen tablets raloxifene tablets <i>Covered at \$0 for women 35 years or older</i> |

Cardiovascular Disease Primary Prevention

| Population | Recommendation | Medications Covered |
|--|--|---|
| Adults aged 40 to 75 years who are at high risk for cardiovascular disease (CVD) | The USPSTF recommends that clinicians prescribe a statin for the primary prevention of CVD for adults aged 40 to 75 years who have 1 or more CVD risk factors (i.e. dyslipidemia, diabetes, hypertension, or smoking) and an estimated 10-year risk of a cardiovascular event of 10% or greater. | atorvastatin tablets lovastatin tablets pravastatin tablets rosuvastatin tablets simvastatin tablets (<i>excluding 80 mg</i>) <i>Covered at \$0 for all age groups</i> |

Note: The list is subject to change and not all drugs listed may be covered on your formulary. Please refer to your Navitus formulary for a complete list of covered products and any age restrictions.

Colorectal Cancer Screening

| Population | Recommendation | Medications Covered |
|----------------------------|---|--|
| Adults aged 45 to 75 years | The USPSTF recommends screening for colorectal cancer in all adults aged 45 to 75 years using fecal occult blood testing, sigmoidoscopy, or colonoscopy. Since bowel preparation is required for colonoscopies, select bowel preparation medications will be covered. | <p><u>Low volume preps</u> Generic Moviprep equiv Generic Suprep equiv</p> <p><u>High volume preps</u> peg 3350/electrolytes (Gavilyte, Golytely, Nulytely)</p> <p><i>Covered at \$0 for members 45-75 years; limited to 2 fills per calendar year</i></p> |

Contraceptives

| Population | Recommendation | Medications Covered |
|--|--|---|
| Persons seeking contraceptive coverage | WPSI (Women's Preventive Services Initiative) recommends that adolescent and adult women have access to the full range of contraceptives to prevent unintended pregnancy and improve birth outcomes. | <p>At least one form of all contraceptive methods approved, granted, or cleared by the FDA</p> <p><i>Refer to formulary for complete list</i></p> |

Human Immunodeficiency Virus (HIV) Pre-Exposure Prophylaxis (PrEP)

| Population | Recommendation | Medications Covered |
|---------------------------------------|--|--|
| Persons at high risk of HIV infection | The USPSTF recommends that clinicians offer preexposure prophylaxis (PrEP) with effective antiretroviral therapy to persons who are at high risk of HIV acquisition. See the Clinical Considerations section for information about identification of persons at high risk and selection of effective antiretroviral therapy. | <p>emtricitabine/tenofovir disoproxil fumarate tablets (Truvada equiv)</p> <p>Descovy tablets*</p> <p>Apretude injectable*</p> <p><i>*Prior authorization required</i></p> |

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Preeclampsia Prevention

| Population | Recommendation | Medications Covered |
|--|--|--|
| Pregnant persons at high risk for preeclampsia | The USPSTF recommends the use of low-dose aspirin (81 mg/day) as preventive medication after 12 weeks of gestation in persons who are at high risk for preeclampsia. | aspirin 81 mg <i>Covered at \$0 for females</i> |

Smoking Cessation

| Population | Recommendation | Medications Covered |
|----------------------------------|--|---|
| Adults that use tobacco products | The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and US Food and Drug Administration (FDA)--approved pharmacotherapy for cessation to nonpregnant adults who use tobacco. | bupropion tablets (Zyban equiv) varenicline tablets (Chantix equiv) nicotine replacement therapy <i>Covered at \$0 for all members; may be limited to 180 days per plan year</i> |

Vaccines

| Population | Recommendation | Immunizations Covered |
|---------------------------------------|--|---|
| Ages and recommended populations vary | To prevent certain illnesses, ACIP recommends immunizations based on age and other factors such as co-morbid conditions. | COVID-19 Dengue Haemophilus Influenzae Type B Hepatitis A & B Human Papillomavirus (HPV) Influenza Measles, Mumps, Rubella (MMR) Meningococcal Mpox Pneumococcal Poliovirus Respiratory Syncytial Virus (RSV) Rotavirus Td, Tdap, DTaP Varicella (chicken pox) Zoster (shingles) <i>Covered at \$0; Quantity limits may apply</i> |

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Vitamins and Minerals

| Population | Recommendation | Medications Covered |
|--|---|---|
| Folic acid in women who are planning or capable of pregnancy | The USPSTF recommends that all women who are planning or capable of pregnancy take a daily supplement containing 0.4 to 0.8 mg (400 to 800 µg) of folic acid. | folic acid tablets <i>Covered at \$0 for females</i> |
| Fluoride for children younger than 5 years | The USPSTF recommends that primary care clinicians prescribe oral fluoride supplementation starting at age 6 months for children whose water supply is deficient in fluoride. | sodium fluoride <i>Covered at \$0 for members 5 years or younger</i> |

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